

Eligible medical expenses are defined by the IRS as amounts paid for the diagnosis, cure, mitigation, treatment, or prevention of a disease, and for treatments affecting any part or function of the body. They include the costs of equipment, supplies, and diagnostic devices needed for these purposes. The expenses must be primarily to alleviate or prevent a physical or mental defect or illness. They do not include expenses that are merely beneficial to general health, such as vitamins or a vacation.

With this definition in mind, we have listed many of the medical expenses eligible for payment or reimbursement from a Health Savings Account; to the extent the expenses are not covered by any insurance plan. **This list is not meant to be all-inclusive. Please note: Not all of these expenses will apply toward meeting your annual deductible under your high deductible health insurance plan.** Other expenses not specifically mentioned may also qualify. For additional information, please refer to IRS Publication 502 Medical and Dental Expenses, or consult a competent legal or tax advisor.

Generally, you cannot treat insurance premiums as qualified medical expenses for HSAs. However, the IRS permits HSAs to be used to pay for certain types of insurance premiums, such as:

- Health insurance premiums for COBRA continuation coverage.
- Health insurance premiums while receiving unemployment compensation benefits.
- If you are age 65 or older, premiums for Medicare Part A or Part B, Medicare HMO, and the employee share of premiums for employer-sponsored health insurance, including premiums for employer-sponsored retiree health insurance; however, premiums for Medigap policies or Medicare supplemental policies are not qualified medical expenses for HSAs.
- Premiums for qualified long term care coverage subject to the limits provided under the Internal Revenue Code. These limits are based on age and are adjusted annually.

Eligible HSA Medical Expenses (not fully inclusive)

Dental Services

Crowns/Bridges
Dental X-Rays
Dentures
Exams/Teeth Cleaning
Extractions
Fillings
Gum Treatment
Implants
Oral Surgery
Orthodontia/Braces

Insurance-Related Items

Copay and Coinsurance Amounts
Deductibles
Preexisting Condition Expenses (medical)
Private Hospital Room Differential

Lab Exams/Tests

Blood Tests
Cardiographs
Diagnostic
Laboratory Fees
Metabolism Tests
Spinal Fluid Tests
X-Rays

Medication

Over-the-Counter (OTC) Medications (Prescribed)
Insulin
Prescribed Birth Control
Prescription Drugs

Obstetric Services

Mid-Wife Expenses
Ob/Gyn Exams
Ob/Gyn Prepaid Maternity Fees (reimbursable after date of birth)
Postnatal Treatment
Pregnancy Test
Prenatal Treatment

Practitioners

Allergist
Chiropractor
Dermatologist
Osteopath
Physician
Psychiatrist
Psychologist

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Eligible HSA Medical Expenses *continued* (not fully inclusive)

Other Medical Treatments/Procedures

Acupuncture
Alcoholism (inpatient treatment)
Drug Addiction
Hearing Exams
Hospital Services
Infertility
In-vitro Fertilization
Physical Examination (not employment related)
Physical Therapy
Speech Therapy
Sterilization
Transplants (includes organ donor)
Vaccinations/Immunizations
Vasectomy and Vasectomy Reversal
Well Baby Care

Other Medical Equipment, Supplies, and Services

Abdominal/Back Supports
Ambulance Services
Arches/Orthopedic Shoes
Contraceptives (prescribed)
Counseling
Crutches
Guide Dog (for visually/hearing impaired person)
Hearing Aids and Batteries
Hospital Bed
Learning Disability (special school/teacher)
Medical Alert Bracelet or Necklace
Oxygen Equipment
Prosthesis
Smoking Cessation Products
Splints/Casts
Support Hose (if medically necessary)
Syringes
Transportation Expenses (essential to medical care)
Tuition Fee at Special School for Disabled Child
Wheelchair

Vision Services

Artificial Eyes
Contact Lenses
Contact Lens Solution
Eye Examinations
Eyeglasses
Laser Eye Surgeries
Ophthalmologist
Optometrist
Prescription Sunglasses

Non-Eligible HSA Medical Expenses (not fully inclusive)

The IRS does not allow the following expenses to be reimbursed from a Health Savings Account. Expenses to promote general health are not eligible unless prescribed by a physician for a specific medical ailment. **This is not an all-inclusive listing.**

Babysitting and Child Care
Canceled Appointment Fees
Contact Lens Insurance
Cosmetic Surgery/Procedures
Dancing/Exercise Programs
Diaper Service
Discounts/Write-offs
Electrolysis
Exercise Equipment*
Eyeglass Insurance
Fitness Programs*
Hair Loss Medication
Hair Transplant
Herbs
Illegal Operation or Treatment
Insurance Premium Interest Charge
Health Insurance Premiums
Lamaze Class
Marriage Counseling
Massage Therapy*
Maternity Clothes
Nicotine Patches*
Personal Trainer
Prescription Drug Discount
Program Premiums
Retin A*
Rogaine*
Special Foods* (cost difference of common product)
Student Health Fee
Supplements
Swimming Lessons
Teeth Whitening/Bleaching Toiletries, Toothpaste, etc.
Vision Discount Program Premiums
Vitamins
Weight Loss Programs and/or Drugs*

** Generally ineligible; in limited situations, eligible only with Doctor's certification identifying a qualifying medical diagnosis, medical necessity, and length of treatment program.*

The material presented here is not intended to serve as a substitute for tax or legal advice from a qualified professional.

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