

IPA/POS Authorizations

Specialties currently not requiring authorization

- Allergy (testing and allergy shots included)
- Cardiology
- Cardiovascular Surgery
- Colon/Rectal Surgery
- Endocrinology
- ENT (Otology, Rhinology, Laryngology)
- Gastroenterology
- Hematology
- Infectious Disease
- Nephrology
- Neurological Surgery
- Neurology
- OB/GYN
- Oncology
- Ophthalmology/Optomety*
- Orthopedic and General Surgery
- Pain Management
- Physical Medicine/Rehabilitation
- Pulmonary Disease
- Radiation Oncology
- Rheumatology
- Thoracic Surgery
- Urology
- Vascular Surgery

* The following conditions apply for ophthalmology and optometry services: children under 18 require an authorization for routine services; children under 18 do not require an authorization for medical services; adults do not require an authorization for any office service

Services (consultations and in-office treatments only) must be performed by a BCBSD network provider and must be done in a provider's office.

Services that are performed by an out-of-network provider or in a site other than an in-network provider's office (such as surgery performed in a hospital) will still need an authorization prior to service. Please note that all other terms and conditions of member benefits plans, including medical necessity and preexisting conditions, still apply.

